



Lisburn City Paddlers - Welcome Pack

Introduction

Lisburn City Paddlers (LCP) is a vibrant new club founded October 2008, the club is very active and is influenced by the interests of it's members. At the moment this includes recreational paddling, open boat and camping expeditions , developing personal paddling skills, sea journeying, slalom, surfing and polo.

This welcome pack is designed to inform prospective members about the club. Members of all ages and abilities are welcome, from those who have never paddled before to seasoned paddlers.

If you are interested in joining, then sign up to our forum and post or come down to one of our events.

Don't forget to check out our photo section

<http://www.lisburncitypaddlers.com/photos-f7/>

Happy Paddling!



Gear check list

The club can lend equipment to its members for official LCP events, but you will still need to bring some things with you. What you will need to bring and what the club can provide are listed below.

You will need to bring-

What to wear

Spare set of old warm clothes to wear on the water (avoid cotton and denim. Nylon and fleece are better.)

Extra Fleece

A pair of old trainers

A windproof jacket (if it's windy)

What to leave on the bank

Towel and shower gel

Spare set of clothes

£3 Club fee

Food and Water

Flash of hot Tea/Coffee

What LCP can provide-

Specialised Equipment provided by LCP

Kayak

Paddle

Spraydeck

Buoyancy Aid

Helmet

Group Gear

Dry Bag

Throwbag

Towline

First Aid kit

Using the Forum

The forum is a great way to communicate with club members. If you Sign up to the forum you will receive the club newsletter via email, view the club Calendar, talk to other paddlers and organise unofficial paddling within other club members.

The forum is easy to use, but for those of who who have never used a forum here is a brief introduction to the key aspects of the site.

Below is a screen shot of the forum after a user has logged in, the most useful aspects are highlighted and explained below.

Log in and Log out – It is important to log into the site, this way you can post and reply to other members and check for private messages.

Forum – This is the page were all the members public messages are listed.

Calendar – Lists all the upcoming official LCP events.

View posts since last visit – With one click you can read all the new posts since your last visit.

The screenshot shows the website for Lisburn City Paddlers. The navigation menu on the left includes 'Home', 'Forum', 'Calendar', 'About the Club', 'Links', and 'Contact us'. The 'Forum' and 'Calendar' links are highlighted with red boxes. The main content area displays the forum interface, including a search bar, a 'Log out' button (also highlighted with a red box), and a table of forum topics. The table has columns for 'FORUM', 'TOPICS', 'POSTS', and 'LAST POST'. The forum topics listed are:

FORUM	TOPICS	POSTS	LAST POST
Announcements Important Announcements about the club	7	9	Tue 24 Feb 2009 - 13:43 DangerousDave
Canoeing Chat Chat about anything...	25	93	Today at 0:10 DangerousDave
Club Paddling Information on all Club outings	11	40	Wed 11 Feb 2009 - 19:51 Brian
Non Club Paddling It maybe organised by Club members but anything organised here is independent of the Club	24	87	Thu 5 Mar 2009 - 19:53 sean
Photos Photos of Club outings	9	20	Sun 8 Mar 2009 - 16:17 Fearless_dorman_according
Gear Wanted/ For Sale Buy and Sell Gear here...	9	20	Thu 29 Jan 2009 - 23:01 adie-adventure
Links Found any good Kayaking related websites? Post them	1	1	Mon 15 Sep 2008 - 20:43 DangerousDave

Note to parents/guardians

We ask that parents/guardians of Junior members attending LCP events remain onsite for the duration of the session.

Club membership fees and charges

LCP's membership year runs from October to October, there is a range of membership available in the 2008/09 year individual club membership is £15 for an Adult and £10 for a Junior. Family membership is also available starting at £35 covering 2 Adults and 1 Child (additional children can be added at a cost of £5 per child.) Membership forms can be downloaded from www.lisburncitypaddlers.com/About-the-Club-h2.htm

LCP charges £3 per person for official events at Glenmore. £2 of this goes directly to Glenmore Activity Centre for car parking, river access, use of the showers and boat storage. The remaining £1 goes to LCP Club funds.

Contact Us

The fastest way to contact the club is via the website. If you have an account post in the forum and someone will get back to you or email

Dave@lisburncitypaddlers.com.

To contact us by post, please send mail to Lisburn City Paddlers, c/o Glenmore Activity Centre, 43 Glenmore Park, Lisburn, BT27 5RT.